



NEWSLETTER



EDITORIAL



Welcome to this latest edition of the Canada Arts, Sports, and Entertainment Network.

The professionals in this Sphere are role models to many but the question is what type of role models are they? First, who is a role model? The Cambridge online dictionary defines a role model "as a person who someone admires and whose behaviour they try to copy: Sports stars are role models for thousands of youngsters."

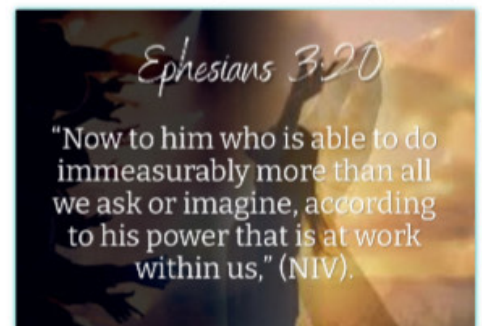
Also Musicians, Actors and Actresses are role models for many young people, this is

why it is so important that the professionals in this sphere live lives that will positively impact the so many young people that look up to them. Sadly, this is not the case so we need to really intercede in prayers until there is a massive move of God in this sphere of influence and they begin to accept the Lord Jesus Christ as their Saviour and Lord.

We need the revival to come quickly beginning with families. The family is the nucleus of our society. The family value campaign is on. As you read this edition, spread the word around you. Let us occupy till He comes.

ANCHOR SCRIPTURE

EPHESIANS 3:20



"Now unto him that is able to do exceedingly abundantly above all that we ask or think, according to the power that worketh in us,"

OUTLINES

1. Editorial
2. Biography of Minister Sarah Olisa - page 2
3. Mental Health in Families: A Biblical Perspective and Solutions - page 3-5
4. Don't shift your responsibility to teachers - page 6-7
5. Yes, it is my business - page 8-9
6. Salvation Prayer - page 9-10
7. Prayer points for ASC Professionals - page 11

thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and minds in Christ Jesus." Encouraging family prayer time, worship, and devotionals can create a spiritual atmosphere that combats stress and anxiety.

2. Renew the Mind with God's Word
The Bible has the power to transform our thoughts and emotions. Romans 12:2 says: "Do not conform to the pattern of this world but be transformed by renewing your mind." Families should make it a habit to read the Word together, meditate on God's promises, and declare His truth over their lives.

3. Foster Open Communication and Support
It is crucial to create a safe space for family members to share their struggles without judgment.

James 5:16 encourages confession and prayer for healing: "Therefore, confess your sins to each other and pray for each other so you may be healed."

Listening with empathy and offering encouragement can strengthen family bonds and improve emotional well-being.

4. Practice Forgiveness and Grace
Unforgiveness creates bitterness, which negatively impacts mental health. Ephesians 4:31-32 teaches: "Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." Families should actively practice forgiveness and show each other

grace, just as God has shown us grace.
5. Seek Wise Counsel and Professional Help.

Proverbs 11:14 states: "Where there is no guidance, a people fall, but in an abundance of counselors there is safety." Seeking Christian counseling, pastoral guidance, or professional mental health services can be a wise step in addressing deep-rooted mental health issues.

As a Christian counselor, I provide faith-based support through Eagle Chances Counselling and Resource Center (ECCRC). My services include:

- Family counseling – Helping families strengthen relationships and resolve conflicts.
- Mental health counseling – Providing biblical and professional guidance for anxiety, depression, and emotional struggles.
- Christian counseling – Integrating Scripture with counseling to bring healing and hope.
- Children's and youth support – Offering guidance for young individuals navigating emotional and mental challenges.
- Coaching and mentoring – Assisting individuals and families in developing healthy coping strategies.

If you or your family are struggling, you don't have to face it alone. I am here to support you on your journey toward healing and restoration.

6. Rest and Practice Self-Care.

Many families experience burnout due to a lack of rest. Even Jesus took time away to rest and pray (Mark 6:31). Encouraging proper rest, relaxation, and self-care within the family can improve overall mental well-being.

7. Build a Community of Support

The early church thrived through fellowship and mutual support (Acts 2:42-47). Being part of a faith-based community can provide encouragement and accountability during difficult times.

Conclusion

Mental health challenges are real, but God has provided solutions through His Word, prayer, and supportive relationships. Families that prioritize faith, communication, forgiveness, and self-care can overcome these struggles together. As Psalm 55:22 says: "Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken."

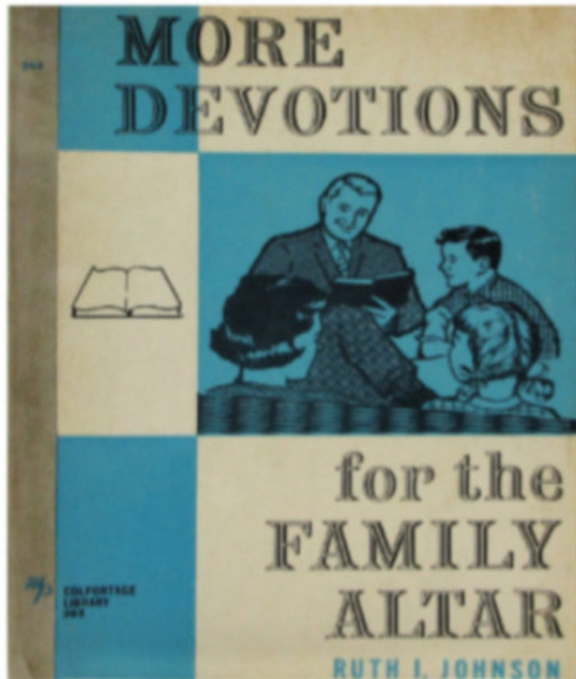
For counselling services, you can reach me at:

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✉ **Email: saolise18@gmail.com**

Values Campaign Sponsored by education sphere





DONT SHIFT YOUR RESPONSIBILITY TO TEACHERS

It is **AT HOME** that children should learn to say:

- | | |
|---------------------|--------------------------|
| 01 - Good morning | 07 - Sorry |
| 02 - Good afternoon | 08 - Forgive me |
| 03 - Good evening | 09 - Thank you very much |
| 04 - Hello | 10 - Thank you |
| 05 - Please | 11 - I was wrong |
| 06 - May I | |

It is **AT HOME** that we also learn to:

- | | |
|------------------|---|
| 01 - Fear God | 04 - Not insult |
| 02 - Be honest | 05 - Be polite |
| 03 - Be punctual | 06 - Respect everyone: friends,
colleagues, elders, teachers,
authorities |

Again **AT HOME** we learn to:

- | | |
|------------------------------------|---|
| 01 - Eat moderately | 05 - Help parents accomplish their daily tasks |
| 02 - Not speak with a mouthful | 06 - Not take what does not belong to you Still |
| 03 - Have personal hygiene | |
| 04 - Not throw waste on the ground | |

AT HOME we learn to:

- 01 - Be organized
- 02 - Take care of our business
- 03 - Not touch other people's belongings
- 04 - Respect the rules,
- 05 - Speak our mother tongue (s), master our good culture that doesn't go against GOD'S commandments and expectations of us. Because

AT SCHOOL teachers should teach:

- | | | |
|--------------------|----------------------|---------------------------|
| ■ Mathematics | ■ Social Science | ■ Art |
| ■ English | ■ Chemistry | ■ Civic Studies |
| ■ History | ■ Physics | ■ Economics |
| ■ Literature | ■ Biology | ■ Religious Studies |
| ■ Government | ■ Philosophy | ■ Agric Science |
| ■ Geography | ■ Sociology | ■ Commerce |
| ■ Foreign language | ■ Physical education | ■ Home Economics |
| | | ■ Technical Drawing, etc. |

And only reinforce what the student has learned AT HOME !!!

Because it is from what we learned AT HOME that we, individuals will be respected, that we will respect the life, freedom and property of all.

"A CAMPAIGN AGAINST THE PERVERSION OF VALUES AND IN FAVOR OF THE FAMILY AND A BETTER CANADA AND THE WORLD !!!"

Please send to all your contacts !!!
All families let's fight together as one!!!



YES, IT IS MY BUSINESS!

We are in a time when evil is upheld, and even defended, at the expense of the good. Have you observed that in recent times, people hate to hear the truth about their children's abnormal behaviour? Have you also noticed that some "accidental parents" will call you all kinds of names and even threaten to deal with you, just because you tried to correct some error in their parenting?

This happens most especially on the social media.

And before you know it, you see thorns of abuses being showered upon you, because you made a statement that did not agree with their ill- conceived ideas of parenting.

And the summary most often is, "How does it concern you? Is it your business how other people raise their children? Can't you mind your own business?..."

👉 "I want to tell everyone here that it is my business how you raise your children.

And it should also be your business how I raise mine, if you are a parent indeed.

👉 It is my business because, your ill-parented children will corrupt other children, including mine.

👉 It is my business because, you may raise more hoodlums, prostitutes, drug addicts, rapists, etc., in addition to the ones we already have in the society; thereby making the environment more uncondusive and unsafe for everyone.

👉 It is my business because, you may raise bullies and send them to the same school where normal children are.

And we cannot afford to continue losing innocent children to untamed bull dogs who pretend to be students.

👉 It is my business because, I am praying to be a father-in-law/mother-in-law tomorrow and I don't know who my child will bring home to me.

👉 What if fate brings them together with your ill-parented son or daughter, whom you have craftily taught the art of deceit and pretence?

Wouldn't that mean that I may spend the rest of my life in bitterness watching my son or daughter going through pains in their marriage?

**IT IS MY
BUSINESS
HOW YOU RAISE
YOUR CHILDREN
AND SHOULD BE
YOUR BUSINESS
HOW I RAISE MINE!**

- 👉 How you parent your children is my business because, every intentionally parented child is a special gift from God to humanity.
 - 👉 Who knows whether that child you are spoiling or neglecting today would be my destiny-helper tomorrow?
 - 👉 Don't tell me to mind my business when you are raising charlatans who will waste, rather than save lives in our hospitals; traumatise, rather than teach students/pupils in our schools; profane, rather than glorify the name of God in religious organizations, and cause havoc in every sector of the society, which all of us are meant to coexist in.
 - 👉 Stop telling me to mind my business because, I am a stakeholder in the upbringing of every child born in this time and season.
- Every intentional parent knows that we are all stakeholders in the raising of the next generation.
Posterity will judge us if we see or hear evil and keep mute.

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SALVATION PRAYER



Are you feeling happy? Sad or bored about life?
You can live full of joy!

Do you know how?

It is through Jesus Christ! He is the son of God who loved us so much that He came and died for us on the Cross. He suffered shame, pain and ridicule and took our sickness on Himself on the Cross. He died prematurely that we might live long. He is standing at the door of your heart knocking that you might receive him in your heart today. If you believe in your heart and confess with your mouth that Jesus is the son of God, you shall be saved. It doesn't matter where you have been or what you have done. Jesus still loves.

If you want to receive Jesus as your Lord and personal saviour pray the following prayer:



PRAYER

Heavenly Father, I am sorry for all the wrong things I have done. I repent of my sins. I know that You have plans for me and I want to live in those plans. Forgive my sins and thank You for sending Jesus to die on the Cross for me. Lord Jesus, come into my life and be my Lord and Saviour. I put myself, my life and future in your hands. I pray that You work in my life and guide my steps so that I continue to live for You for the rest of my life in Your name I pray, Amen!

If you prayed the prayer above, you are saved. Attend a Bible believing church near you to hear the word of God and to know more about Jesus. Start or continue reading the Bible each day to learn more. Ask for God's help (pray) each day. Other Christians will help you, too.



JOHN 3:16

For God so loved
the world
that he gave his
one and only Son,
that whoever
believes in him
shall not perish
but have eternal life.

**BUT SEEK
YE FIRST
THE
KINGDOM
OF GOD
AND
HIS RIGHTEOUSNESS
— AND ALL —
THESE THINGS
WILL BE ADDED UNTO YOU
— . —
MATTHEW 6:33**

PRAYER POINTS For ASC PROFESSIONALS

PROFESSIONALS IN ARTS, SPORTS, AND ENTERTAINMENT



1. Please continue to pray with our anchor scripture Ephesians 3:20 that God will make use of our little efforts and turn them into something relevant for the kingdom of God.
2. Matthew 6:9- let His kingdom come in this sphere and His will be done as it is in heaven
3. Pray that the Lord will give celebrities, media professionals, and their families life-changing encounters with the Lord. Jeremiah 31:34 (They will not teach again, each man his neighbor and each man his brother, saying, 'Know the Lord,' for they will all know Me, from the least of them to the greatest of them," declares the Lord, "for I will forgive their iniquity, and their sin I will remember no more.")
4. Ask God to help those of them that are seeking or needing relationship with God to find peace, healing, and hope. (John 16:14-15 He will glorify Me, for He will take of Mine and will disclose it to you. All things that the Father has are Mine; therefore, I said that He takes of Mine and will disclose it to you)
5. Pray for the Holy Spirit's direction, instructions, insight, wisdom for our newsletter. (Ps.121:1, Ps. 32:8).

When **WOMEN** pray



ACTING
DANCING
SINGING
DRAWING
WRITING
PIANO
COOKING
MUSIC
BASKETBALL

